

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**Directions:** *Circle or briefly write the best answer for each question.*

- 1) True      False      It's not necessary to check the ladder before each use because they get checked regularly by management anyway.
- 2) True      False      It's OK to use a slightly damaged ladder, as long as you don't go very high.
- 3) True      False      If it measures 20 feet from the ground to the top support point of the ladder, then the base of the ladder should be placed five feet from the building.
- 4) True      False      A ladder's "Duty Rating" is based on the worker's weight and the ladder's height.
- 5) True      False      A ladder's "Duty Rating" should never be exceeded.
- 6) True      False      It's OK to carry tools in your hands as you climb a ladder, as long as you have one hand free to grasp the rail.
- 7) True      False      Stepladders should be stored vertically in a closed position, which straight ladders and extension ladders should be stored horizontally.
- 8) Which ladder should not be used around electricity?
  - a. Aluminum
  - b. Wood
  - c. Fiberglass
  - d. These are all OK to use around electricity
- 9) What are the four basic safety rules of using ladders?
  - a. Choose the right ladder, Set up carefully, Climb carefully, Work carefully
  - b. Choose the right ladder, Transport carefully, Set up carefully, Climb carefully
  - c. Choose the right ladder, Inspect, Set up carefully, Climb carefully
  - d. Choose the right ladder, Inspect, Set up carefully, Announce that you're going to work on the ladder
- 10) Which of the following tips should be followed when using a ladder?
  - a. Keep your body centered over the rungs, and do not lean.
  - b. Always maintain three-point contact with the ladder.
  - c. Do not move, shift, or extend the ladder when someone is on it.
  - d. Both A and C
  - e. A, B and C